



PODIATRY NOW AVAILABLE

CONDITIONS WE TREAT

- ❖ Ingrown, traumatised & thickened toenails
- ❖ Calluses & Corns
- ❖ Heel pain (Plantar fasciitis, Achilles tendinopathy)
- ❖ Sports injuries (Ankle sprains, shin splints, stress fractures)
- ❖ Bunions & clawed toes
- ❖ Flat feet

AND MANY MORE!


WHAT WE DO


- Footwear assessment & advice ❖
- Biomechanical assessments ❖
- Custom foot orthoses ❖
- Paediatric assessments ❖
- Diabetic foot checks ❖


AND SO MUCH MORE!

ENQUIRE WITHIN FOR AN
APPOINTMENT TODAY

*Put your best foot forward
& always be a step ahead!*

 [stepituppodiatry](https://www.instagram.com/stepituppodiatry)

 stepituppodiatry@gmail.com

 Step It Up Podiatry